

# Zumba®

Zumba® fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away. Our goal is simple: We want you to want to work out, to love working out, to get hooked. Zumba® Fanatics achieve long term benefits while experiencing an absolute blast in one exhilarating hour of caloric-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life!

It's fun!  
It's different!  
It's easy!  
It's effective!

Classes start in February

Wednesday Night Class  
6:00pm – 6:55pm

Saturday Class  
8:00am – 8:55am or  
10:00am – 10:55am

Fee:

YMCA Member - \$45.00

Prospective Member - \$90.00

Classes meet once a week for 8 weeks.  
No experience necessary!

